Upcoming Events

- **Friday, February 20, 8PM - Under Krok and Key.** Come hear the Krokodiloes and the LowKeys in concert. $10 tickets are available from the Harvard Box Office. Sanders Theatre.

- **Saturday, February 21, 4PM - Cultural Rhythms.** Cultural Rhythms is a multicultural extravaganza, featuring Harvard's diverse and brilliant talents. The purpose of the show is to bring together a multitude of cultures and styles in an innovative and inspiring way. The Harvard Foundation will be honoring 2015 Artist of the Year Eva Longoria for using her celebrity platform to support incredible charitable and philanthropic causes, from empowering and educating young girls in Latin America and founding a charity for developmentally disabled children, to funding and promoting countless charitable organizations. Longoria is being lauded for her philanthropic endeavors, her political activism, and her social awareness. Tickets can be purchased online or at the Harvard Box Office: boxoffice.harvard.edu. Sanders Theatre.

- **Saturday, February 21, 7PM - All under One Roof: A Benefit Concert Sponsored by Habitat for Humanity.** Enjoy a showcase of Harvard's most talented performers, featuring the Opportunes, Harvard Radcliffe Modern Dance Company, stand-up comedian Sierra Katow, concert pianist George Ko, Harvard Ballet Company, and four other versatile acts—a perfect potpourri of dance, music, and comedy for your Saturday evening. $10 tickets are available at the Harvard Box Office, or pay $12 at the door. Lowell Lecture Hall.

- **February 26-28, 7PM & Saturday, February 28, 1PM - Ghungroo.** Ghungroo is the largest student-run production at Harvard, and Harvard's annual South Asian cultural celebration! This year will be the 26th anniversary of the show, and Harvard SAA is looking forward to bringing the campus together again to celebrate! With over 300 undergraduates directing, producing, and performing a wide variety of dances, musical selections, dramatic pieces, and poetry inspired by the traditions of South Asia, the show conveys the strength, enthusiasm, and energy of our members. We hope that you will join us this year to be a part of something special. Tickets can be purchased online or at the Harvard Box Office. Agassiz Theatre.

- **February 27-March 1 & March 5-7, 7:30PM - Stranger.** Two strangers sit side by side on a night flight across the United States. Gradually, each reveals things they have never spoken about before. Directed by Garrett Allen and produced by Scout O'Beirne and Emily Bergquist. Email now for free tickets: strangerintheex@gmail.com. Loeb Ex Theater.

- **February 27, 8-11PM - Regional NorthBEAST Poetry Slam.** The Harvard CUPS team is hosting its first regional poetry slam for other teams in the northeast area! Five teams are ready to throw down and spit on the mic for ultimate bragging rights. Student Organization Center at Hilles, 59 Shepard St., 1st Floor.

Reminder

**Add/Drop Deadline.** The final Add/Drop deadline is Monday, February 23, 5PM. Monday is the last day students can add or drop a course or change the status of a letter-graded or pass/fail course. All forms must be handed in to the Freshman Dean’s Office at 6 Prescott St. The office is open Monday-Friday, 9AM-5PM.

Helping Hands

The Annenberg team truly appreciates all the extra helping hands from volunteers throughout this snowy season. They give their sincere thanks to the students and staff who have donated their time to keep everyone fed despite the snow!
Resource for Freshmen

Success and Failure in the Arts. Join the OCS & BSC for a discussion on what artists have to say about their experiences with success, failure, and resilience. For every performer, there have oftentimes been numerous failures along the way. In such a competitive industry, how do artists define success? Are failures necessary for success? How do you pivot and move forward in the face of uncertainty and adversity? Panelists will share their experiences around these themes and discuss how these experiences have come to inform their professional journey. Panelists include: Matthew Anderson ’07, tenor; Melanie Comeau ’13, freelance dance professional; Kaatit Kironde ’79, owner of fashion business Kaatiti and former model; Roxanna Myhrum ’05, artistic director, Puppet Showplace Theater; and Cathy Young ’84, dance division director, Boston Conservatory. This event is sponsored by the Office of Career Services and the Bureau of Study Counsel. Wednesday, February 25, 4-5PM, Office of Career Services, 54 Dunster St.

Putting a Humanities Concentration to Work. Wondering how to put the skills you’ve gained as a humanities concentrator to use outside of academia? Hear from a panel of humanities concentrators who’ve found happiness and success across a broad range of fields and career options! Friday, February 27, 4-5PM, Office of Career Services, 54 Dunster St.

Service to Society

Effective Mobilizing, Featuring Professor Jocelyn Viterna. Come join Professor of Sociology and author of Women of War Jocelyn Viterna in a discussion on how movements begin, function, organize, and succeed through the lens of Black Lives Matter, and how they can accomplish their goals. Snacks and hot cocoa will be provided! Wednesday, February 25, 7:30-8:30PM, Straus Common Room.

Opportunities for Freshmen

Live the DREAM. Looking to volunteer a few hours each week? Love kids? Want to build strong, life-changing relationships? Wish you spent more time just… having fun? Then consider joining the DREAM mentoring program! Mentors and children participate in groups or in pairs once per week, providing children with positive role models and creating long-term relationships. DREAM strives to empower children to make informed decisions and ultimately achieve their DREAMs! Please email Alex at alexanderyoung@college.harvard.edu if interested!

Take the Koru Mindfulness Course This Spring! Koru is a four-week introduction to the practice of mindfulness. Mindfulness is about developing the ability to be fully attentive to all of the moments of your life, reducing the amount of time you spend worrying about the future or fretting about the past. You will learn several skills, including meditation, breathing exercises, guided imagery, the body scan, and more. Each of these skills is designed to help you manage stress and enrich your life. Attendance at all four weeks is required. There will be 10-20 minutes of mindfulness practice per day required. Please sign up for the class using the link provided in your Class of 2018 Events List email. Questions? Email: elisisitskaya@gmail.com. Want to learn more about the course? Check out: korumindfulness.org. Thursdays, February 26, March 5, March 26 & April 2, 7:30-8:45PM, Serenity Room, Grays Basement.

End Your Summer with Impact! Every summer, Harvard College Japan Initiative (HCJI) hosts a two-week summer program in Japan called H-LAB, where Harvard students and Japanese college students team up to bring a sneak peek of liberal arts education to Japanese high school students! Design and teach a seminar of your own topic of interest. Build lasting friendships with Japanese college and high school students. Explore Tokyo, Obuse, Tokushima, and Tohoku. Inspire and be inspired by the amazing people you will meet! All food, lodging, and transportation within Japan will be covered! Program runs from August 10-25, 2015. Apply at teach.h-lab.co by Saturday, February 28. Contact hcj.comm@gmail.com with any questions. We look forward to exploring Japan with you!