**Upcoming Events**

- **Saturday, January 19, 7:30PM** — Joyful Noise with the Harlem Gospel Choir. Come celebrate the life and legacy of Rev. Dr. Martin Luther King, Jr. through Joyful Noise, our annual Gospel concert with the Harlem Gospel Choir. This signature event represents and reflects the core mission of the Multicultural Arts Center — using art and performance as a bridge to understanding our diverse cultures, fostering community dialogue, and creating meaningful shared community experiences. Presented by Multicultural Arts Center. $20 tickets are available at the Harvard Box Office. Sanders Theatre.

- **Friday, January 25, 3-5PM** — Relax and Renew. Stressed already? Look to the plant world for inspiration on how to carry winter break relaxation forward into the upcoming semester. Drop in to prepare refreshing scents and soothing herbal teas to keep! Learn more about the plants behind the aromas with the Harvard University Herbaria, and tour the museum’s world-famous Glass Flowers collection. No RSVP needed. Stop by Classroom B during the workshop hours. Harvard Museum of Natural History, 26 Oxford St.

- **Wednesday, January 30, 6-8PM** — Liz Magor: BLOWOUT Opening Reception. Celebrate the opening of Liz Magor: BLOWOUT. Featuring a newly commissioned body of work, this exhibition will be the Canadian artist’s first east coast institutional solo exhibition. Liz Magor’s (b. 1948) sculpture quietly dramatizes the relationships that develop between objects. Often playing soft against hard, she pairs care with exposure. Adhering to exacting processes of casting, fabrication, and hand-made techniques, Magor raises questions around gender roles, memory, addiction, and the changing value of the objects that come in and out of our lives. Carpenter Center for the Visual Arts, Level 1, 24 Quincy St.

**Resources for First-Years**

- **Gen Ed Office Hours.** Gen Ed’s start-of-term advising hours will be **Tuesday, January 22 to Friday, January 25, 1-3PM**; and **Monday, January 28 to Friday, February 1, 1-4PM**. Beyond that, our office hours are Wednesdays, 1-3PM. Smith Campus Center, 4th Floor. Visit gened.fas.harvard.edu to learn more.

- **Syllabus Explorer.** The Office of the Vice Provost for Advances in Learning invites you to explore the Syllabus Explorer. You can use this tool to search for FAS courses and download course syllabi: syllabusexplorer.harvard.edu.

- **Freshman Seminars.** Applications for spring term Freshman Seminars are open. Applications are due at **noon on Tuesday, January 22**, before classes start. Students who took a seminar in the fall may also take a seminar in the spring. More information is available on the Freshman Seminar Program website: freshmanseminars.college.harvard.edu/how-apply.

- **Harvard ECHO (Eating Concerns Hotline and Outreach).** Harvard ECHO provides a confidential, non-judgmental, non-directive space for undergraduate students to receive support about any concern. ECHO counselors have specialized training to address concerns about exercising, body image, food, eating, and eating disorders. You can contact ECHO for support dealing with your own issues or if you are concerned about a friend, roommate, significant other, or family member. Call nightly, 8PM-8AM at 617-495-8200; or drop in to Lowell Basement E-012, Sunday-Wednesday, 8-11PM.

**Opportunities for First-Years**

- **Learn Ceramics in Absolute Beginners for Harvard Students.** The Ceramics Program through the Office for the Arts invites you to explore the basics of wheel throwing in this fun and casual class. Undergrads pay just $105 for a 14-week spring term clay course; financial assistance is available. Please email Ceramics Program Director, Kathy King, for assistance: kking@fas.harvard.edu. To learn more or register, visit: ofa.fas.harvard.edu/classes.

- **Saturdays, February 23 - April 27, 10AM-1PM.**

- **Apply for an IOP Director’s Internship.** The IOP Director’s Internship Program offers internships spanning all areas of public service in places across the US and around the world. These include global health, education, technology and analytics, journalism, and government offices at the federal, state, and local levels. All students returning to the college in fall 2019 are eligible to apply to two internships, and internships are funded at $5000. Learn more about the program here: iop.harvard.edu/get-involved/internships-careers.

- **Applications are now open and are due Sunday, February 3, at 11:59PM.**